



PROVIDENCE

OTTERBURNE RESOURCE DIRECTORY

Disclaimer: The following resources are not run, regulated, endorsed by nor affiliated with Providence University College and Theological Seminary. Please reach out to the responsible agencies for the most updated information.

EMERGENCY RESOURCES

Resource	Contact	Schedule	Description
911 Hotline	911	24/7	Emergency hotline for the Ambulance, Police and Fire Department.

MEDICAL RESOURCES

Resource	Contact	Schedule	Description
Manitoba Poison Centre	855-776-4766	24/7	Support from Poison Experts.
Health Links	888-315-9257	24/7	Support from Registered Nurses for non-emergency health-related issues.
St. Pierre Hospital	204-433-7611	-	Nearby hospital.
St. Pierre Medical Clinic	204-433-7263	Mon-Fri 1pm – 3pm	Nearby clinic.
Steinbach Family Medical Centre	204-326-3401	Varies	Nearby walk-in clinic.

MENTAL HEALTH RESOURCES

Resource	Contact	Schedule	Description
Klinik Crisis Line	888-322-3019	24/7	Support for emotional and mental struggles.
Mental Health Crisis Response Team	888-617-7715	24/7	Support for mental health crisis.
Manitoba Suicide Line – Reason To Live	877-435-7170	24/7	Support for suicidal ideations, attempts, loss or worries for someone else.
Talk Suicide Canada	833-456-4566	24/7	Support for suicidal ideations, attempts, loss or worries for someone else.
Klinik Sexual Assault Crisis Line	888-292-7565	24/7	Access to Sexual Assault Crisis Program for those who experienced sexual assault.
Community Mental Health Services	866-762-0309	Varies	Support for finding non-urgent mental health resources.

GOVERNMENT AND SOCIAL RESOURCES

Resource	Contact	Schedule	Description
211 Manitoba	211	24/7	Support to connect to governmental, health and social services available.

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